



First Nations Health Authority
Health through wellness

270 — 177 Victoria Street
Lheidli T'enneh Territory
Prince George, BC
Canada V2L 5R8

T 250.645.3001
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www.fnha.ca

IMPORTANT APPLICATION DEADLINE: THURSDAY, SEPTEMBER 19, 2024

(Submissions of interest are to be sent to engagement.north@fnha.ca)

First Nations Health Authority is seeking nominations from 20 youth leaders to join FNHA at the upcoming “Youth Mental Wellness Forum” taking place in Richmond, BC October 9 – 11, 2024.

We have a very short deadline; applications are due by this Thursday, September 19, and apologize in advance for the speed with which we are asking for a response.

The following information will describe the opportunity and requirements.

Who is a Youth Leader?

A youth leader is a positive role model in their community **aged 18 to 29**. A youth leader is ready to represent the views of their peers and to share their own perspectives on health and wellness challenges in their communities. A youth leader is a champion for positive change and lives the values of respect, discipline, relationships, culture, excellence and fairness.

How many people are you looking for?

The Region is able to send **20 youth** to the event. As such we are looking for **6 people from each of our Northern Sub Regions**: Northwest, North Central and Northeast. Additional spots will be selected by random draw as per the information below.

Why apply?

The 20 Youth Leaders selected will receive an **all-expense paid trip to Richmond for the Youth Mental Wellness Forum October 9 - 11, 2024**. This will include: travel (flights, mileage to the closest airport), accommodation and meals that are not provided during the sessions. Most importantly, the 20 Youth Leaders will have the opportunity to represent the voices of Northern First Nation youth to discuss the important topic of youth mental wellness.

APPLICATION AND SELECTION PROCESS

Requirements

- Your submission is received by end of day **Thursday, September 19, 2024**;
- You are a **member of a Northern Region First Nation** and are a Youth **aged 18-29**;
- Your submission will include:
 - A **1-2 page letter** indicating your commitment to attend the event and fully participate. The letter will include why you would be a strong candidate to represent the North at the event and will include a description of your experience and involvement with your community;
 - A **written endorsement from your Chief, a Council member or your Health Director** validating that you have the community's support to attend. The written endorsement (which could be an email or a letter) will **verify that your community has agreed to coordinate and pay for all aspects of your travel** from home to the venue in Richmond and provide you with a



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travel advance for the meals that are not provided. The community will submit an expense claim form to FNHA for reimbursement of the costs for your travel as per the FNHA travel reimbursement policy;

- You commit to being available and in participating fully in the forum;
- You are comfortable with public speaking and representing the position of young people in your area regarding mental health;
- Being actively involved in cultural activities is an asset.

How to apply?

Please **submit your submission (as above)** to Becky Row, Director of Engagement Northern Region via email to **Engagement.North@fnha.ca** by **end of day Thursday, September 19, 2024**.

Selection Process

We recognize and appreciate how amazing our Northern Region Youth Leaders are! To ensure all applicants have an equal opportunity to participate FNHA will:

1. Review your submission to ensure it meets the criteria above. If your submission does not meet the criteria, it will be removed from the possible list of candidates.
2. All eligible candidates will have their name entered into a random draw that will take place: Friday, September 20th at 9:00 AM.
3. Six names will be selected from each of the Sub Regions: Northwest, North Central Northeast.
4. The remaining submissions that have not been drawn will be put into a random draw and any remaining spots will be selected.
5. Accepted candidates will be **notified no later than September 20th, 2024**.
6. The names of the accepted candidates will be shared with the Provincial staff who are coordinating the registration of this event.

Thank you in advance for your speedy response to this call for young leaders. We are looking forward to having the Regional Youth Leaders join us in Richmond in October!

Becky Row
Director of Engagement
Northern Region, First Nations Health Authority

cc:

Kelsey Abraham, Child and Youth Coordinator, FNHA Northern Region
Rebecca Tallman, Manager Mental Health and Wellness
Brett Draney, Youth Mental Health Program Consultant